



CSSC Invitational
CORAL SPRINGS, June 19 - 22, 2008

SANCTIONED BY: Florida Gold Coast Swimming. Sanction # 061908-FG12
SPONSORED BY: Coral Springs Swim Club, Coral Springs Aquatic Complex

DATE & TIME: Thursday, June 19, 2008 -Session I
• Warm-up: Timed Finals: 3:30pm Start of meet: 4:30pm

Friday, June 20, 2008

- Warm-up: Session II - Prelims - 7:00am
Start of meet: 8:30am
Session III - Finals – warm-up: 3:30pm
Start of meet: 5:00pm

Saturday, June 21, 2008.

- Warm-up: Session IV - Prelims - 7:00am
Start of meet: 8:30am
Session V - Finals – warm-up: 3:30pm
Start of meet: 5:00pm

Sunday, June 22, 2008.

- Warm-up: Session VI - Prelims - 7:00am
Start of meet: 8:30am
Session VII - Finals – warm-up:3:30pm
Start of meet: 5:00pm

“The meet director reserves the right to change the start times and set up of the sessions”.

**POOL COURSE/
TIMING** 8 lane, 50 meter pool. Separate warm-up area is available during the competition. Daktronics Timing System will be used.

ELIGIBILITY: Open to all registered 2008 USA Swimming athletes in FGC, swimmers outside of the FGC, and foreign athletes with proper travel credentials who have achieved FGC Junior Olympic qualifying time standards for the event in their particular age group. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

“Meet Management reserves the right to adjust logistics, with the approval of the FGC Age Group Chairman, in order to run an efficient meet.”

ENTRY LIMIT: 4 individual events per swimmer per day.



ENTRY FEES: \$3.25 per individual event.
\$5.00 per relays
If entries are not sent electronically, entry fees will be doubled.

FACILITY SURCHARGE: \$3.00 per swimmer

ENTRY DEADLINE: All entries must be received by Wednesday, June 11, 2008. Please enter electronically!
For electronic entries e-mail to Denise Goodwin at : csscswimentries@gmail.com
Confirmation for electronic entries will be sent via e-mail.
If entries are not sent electronically, entry fees will be doubled.

Mail entries to: Coral Springs Swim Club:
12441 Royal Palm Blvd., Coral Springs, FL 33065
The FGC deck entry policy is in effect. Swimmers who want to deck-seed and were not entered in the meet before, must show their current USA Swimming card.
Submission of electronic entries states that all entered swimmers are currently USA Swimming registered.
The FGC deck entry policy is in effect. Swimmers who want to deck-seed and were not entered in the meet before, must show their current USA Swimming card.

AWARDS: Medals 1st –3rd Ribbons 4th-8th for age groups:
9-10, 11-12 for all 12&under events
Open events will award 13-14 and Open

MEET DIRECTOR: Gary Grigull

REFEREE: Eric Fifelski

ADMISSION: \$2.00 per session. Heat sheets: \$2.00 per session.

PARKING: Free across from the Aquatic Complex on Royal Palm Blvd.

INFORMATION: Tina Proctor at 954-340-5032

LOCATION/ DIRECTIONS Coral Springs Aquatic Complex, 12441 Royal Palm Blvd. If taking I-95, take Copans Road exit and go west approx. 10 miles. Copans turns into Royal Palm Blvd., after crossing 441. The Aquatic Complex will be on the right hand side ½ mile after crossing Coral Ridge Drive. If taking Sawgrass Expressway, exit on Sample Road east. Continue East on Sample to first light, Coral Ridge Drive. Turn Right onto Coral Ridge, continue South to next light, Royal Palm Blvd. Turn right onto Royal Palm. The Aquatic Complex will be on the right hand side (1/2 mile).



ORDER OF EVENTS

Girls odd#, Boys even#

Thursday - Session I

Warm up – 3:30pm

Start of meet – 4:30pm

Event #	Event	Age Group
1-2	400 Individual Medley*	13 & Over
3-4	400 Freestyle Relay	15 & Over
5-6	400 Freestyle Relay	13-14
7	Girls 800 Freestyle*	13 & Over
8	Boys 1500 Freestyle*	13 & Over

*The events numbered 1 & 2 (400 Individual Medley) will be swum fastest to slowest, alternating girls and boys.

*The events numbered 7 (Girls 800 Freestyle – 13 & Over) & 8 (Boys 1500 Freestyle – 13 & Over) will be swum fastest to slowest, alternating girls and boys. It will be limited to the fastest 24 female (800 Free) and fastest 24 male (1500 Free) swimmers.

Friday – Session 2 - Prelims

Warm-up – 7:00am

Start of meet – 8:30am

Friday – Session 3 - Finals

Warm-up – 3:30pm

Start of meet – 5:00pm

Event #	Event	Age Group
9-10	50 Butterfly	13-14
11-12	50 Butterfly	15 & Over
13-14	200 Freestyle	10 & under
15-16	200 Freestyle	11-12
17-18	200 Freestyle	13-14
19-20	200 Freestyle	15 & Over
21-22	100 Backstroke	10 & under
23-24	100 Backstroke	11-12
25-26	100 Backstroke	13-14
27-28	100 Backstroke	15 & Over
29-30	200 Breaststroke	13-14
31-32	200 Breaststroke	15 & Over
33-34	50 freestyle	10 & Under
35-36	50 freestyle	11-12
37-38	50 freestyle	13-14
39-40	50 freestyle	15 & Over
41-42	200 Freestyle Relay*	10 & Under
43-44	200 Freestyle Relay*	11-12
45-46	200 Freestyle Relay*	13-14
47-48	200 Freestyle Relay*	15 & Over

* The events 41 through 48 (200 Free relays) will be swum at the end of the session 3 (finals)



CORAL SPRINGS Swim Club

Saturday – Session 4

Saturday – Session 5

Warm-up – 7:00am

Warm-up – 3:30pm

Start of meet – 8:30am

Start of meet – 5:00pm

Event #	Event	Age Group
49-50	200 Individual Medley	10 & Under
51-52	200 Individual Medley	11-12
53-54	200 Individual Medley	13-14
55-56	200 Individual Medley	15 & Over
57-58	50 Backstroke	10 & Under
59-60	50 Backstroke	11-12
61-62	50 Backstroke	13-14
63-64	50 Backstroke	15 & Over
65-66	100 Breaststroke	10 & Under
67-68	100 Breaststroke	11-12
68-70	100 Breaststroke	13-14
71-72	100 Breaststroke	15 & Over
73-74	100 Butterfly	10 & Under
75-76	100 Butterfly	11-12
77-78	100 Butterfly	13-14
79-80	100 Butterfly	15 & Over
81-82	400 freestyle*	13-14
83-84	400 freestyle*	15 & Over
85-86	400 Medley Relay**	13-14
87-88	400 Medley Relay**	15 & Over

* The events 81 through 84 (400 Free 13-14 and 15 & Over) will be swum fastest to slowest alternating girls and boys

* The top 8 swimmers of events 81 through 84 (400 Freestyle) will swim at finals.

** The events 85 through 88 (400 Medley relays) will be swum at the end of the session 5 (finals)



CORAL SPRINGS Swim Club

Sunday – Session 6

Warm-up – 7:00am

Start of meet – 8:30am

Sunday – Session 7

Warm-up – 3:30pm

Start of meet – 5:00pm

Event #	Event	Age Group
89-90	400 freestyle*	11-12
91-92	200 Backstroke	13-14
93-94	200 backstroke	15 & Over
95-96	50 Breaststroke	10 & Under
97-98	50 Breaststroke	11-12
99-100	50 Breaststroke	13-14
101-102	50 Breaststroke	15 & Over
103-104	50 Butterfly	10 & Under
105-106	50 Butterfly	11-12
107-108	200 Butterfly	13-14
109-110	200 Butterfly	15 & Over
111-112	100 Freestyle	10 & Under
113-114	100 Freestyle	11-12
115-116	100 Freestyle	13-14
117-118	100 Freestyle	15 & Over
119-120	200 Medley Relay**	10 & Under
121-122	200 Medley Relay**	11-12
123-124	200 Medley Relay**	13-14
125-126	200 Medley Relay**	15 & Over

* The events 89-90 (11-12 400 Freestyle) will be swum fastest to slowest alternating girls and boys

* The top 8 swimmers of events 89-90 (400 Freestyle) will swim at finals.

** The events 119 through 126 (200 Medley relays) will be swum at the end of the session 7 (finals).

- **All distance events (400 IM and 400/800/1500 Free) are positive check in. Positive check in will close 1 hour prior to the start of the event.**
- **The events numbered 1 & 2 (400 Individual Medley) will be swum fastest to slowest, alternating girls and boys.**
- **The events numbered 7 (Girls 800 Freestyle – 13 & Over) & 8 (Boys 1500 Freestyle – 13 & Over) will be swum fastest to slowest, alternating girls and boys. It will be limited to the fastest 24 female (800 Free) and fastest 24 male (1500 Free) swimmers.**
- **The events 41 through 48 (200 Free relays) will be swum at the end of the session 3 (finals)**
- **The events 81 through 84 (400 Free 13-14 and 15 & Over) will be swum fastest to slowest alternating girls and boys**
- **The top 8 swimmers of events 81 through 84 (400 Freestyle) will swim at finals.**
- **The top 8 swimmers of events 89-90 (400 Freestyle) will swim at finals.**
- **The events 85 through 88 (400 Medley relays) will be swum at the end of the session 5 (finals)**
- **The events 89-90 (11-12 400 Freestyle) will be swum fastest to slowest alternating girls and boys.**
- **The events 119 through 126 (200 Medley relays) will be swum at the end of the session 7 (finals)**